



# ACE SAFETY TRAINING & CONSULTING SERVICES



*At ACE SAFETY we are  
Passionate about  
Accident Prevention!!*



# ACE SAFETY

## Training & Consulting Services

### VISION

A Canada where everyone in the workforce is aware of their rights and responsibilities in health and safety and not one person is left behind.

### MISSION

To provide tailored consulting and training solutions in Occupational Health and Safety for clients to achieve and sustain Ontario's OHS legal compliance and proper awareness. Always offering innovation, empathy, quality, expert advice and competitive prices.



"At ACE SAFETY we understand that safety training is a big investment for your business, that is why we are committed to bring great value to your organization by engaging your team members and making of each session a very positive and memorable experience!!"

Pedro A. Vargas-Zamora  
Senior Health & Safety Advisor  
ACE Safety Founder

### ABOUT US

ACE Safety is a training and consultancy firm located in Toronto, Ontario. We are dedicated to provide innovative loss and accident prevention strategies to small, medium and large size employers in the province of Ontario.

Our offer is supported by more than 20 years of experience in the field, the development of highly proficient loss and accident prevention strategies and hands-on training courses on over 40 topics, some of them are specially designed for vulnerable workers and facilitated bilingually in English and Spanish.

ACE's founder is Mr. Pedro A. Vargas-Zamora who is the Senior Health and Safety Advisor, holder of a University degree in Occupational Health & Safety and possessor of vast experience in technical training delivery and consultancy in this field, both in the province of Ontario and internationally.

Health and safety on-site training (at client's location), Hazards Assessments, Workplace Inspections and Accident Investigations are part of our core offering, aiming especially to the manufacturing sector and to companies seeking assistance respecting legal compliance and substantial improvement in their hazards controls and loss prevention performances.

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**416-821-5245**

info@acesafetyontario.com  
www.acesafetyontario.com

# OCCUPATIONAL HEALTH & SAFETY CONSULTING SERVICES

At ACE Safety we put a high emphasis on the importance of understanding the need for custom solution packages and the uniqueness of our clients safety and business priorities & needs.

Please send us a note indicating the service(s) of your interest and we'll reply to you request by e-mail, phone or by scheduling a brief visit to your location to help you clarify any doubts or needs you may have.

**At ACE SAFETY we are Passionate about Accident Prevention!!**

**Contact us today to arrange your FREE quote and a no obligation site visit**

## **ACE SAFETY ON-SITE CONSULTING SERVICES**

- Workplace Health & Safety Hazard Assessments
- Health & Safety Training Requirements Assessments
- Health & Safety Procedures Requirements Assessments
- Workplace Violence & Harassment Assessments
- Personal Protective Equipment Requirements Assessments
- Equipment / Machine / Tools Hazard Assessments
- Machine Specific Lockout / Tagout Hazard Assessments
- Organizational Health, Safety & Prevention Culture Evaluations
- Health & Safety as Core Values Motivational interventions
- Health & Safety On-site Behavioral Observations
- Health & Safety On-site Controls Evaluations and Follow-up
- Health & Safety On-site Procedures and Protocols Evaluations
- Internal Training Components Effectiveness Evaluations
- Incident Reporting & Communication Process Evaluations
- Workplace Comprehensive & Effective Inspections
- Accident / Incident Investigations
- Emergency / Fire Drills Coordination & Evaluations

# ACE SAFETY TRAINING FORMATS, LEVELS & TOPICS

## HEALTH & SAFETY COURSES - FORMATS

Our Health & Safety topics are available in the following formats:

**Toolbox Talks** - 1.5 to 2 hours

**Half Day Workshops** - 3.5 hours + break

**Full Day Workshops** - Full day courses: 7 hours of instruction + 2 breaks + lunch time

## HEALTH & SAFETY COURSES - LEVELS

We offer 5 levels on most of the topics:

**Introduction** (1.5 to 2 hours)

**Basics** (Half day)

**Essentials** (1 full day)

**Intermediate** (2 full days)

**Advanced** (3 full days)

## TRAINING LANGUAGES

Training facilitation is available in English and Spanish, **HOLA, HABLAMOS ESPAÑOL!**

## SCHEDULING TRAINING AT THE TIME OF YOUR CONVENIENCE

Starting times are **very flexible** and **after hours** (including night shifts) and **weekends** classes are available upon request.

Please contact us at for more details, to request a quote or to book a no obligation site visit. Thank you very much!



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# TOOLBOX TALKS' TOPICS

## **Health and Safety Law, Due Diligence and Compliance in Ontario**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Industrial Sector - Hazards Recognition and Reporting**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Manufacturing Sector - Hazards Recognition and Reporting**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Hospitality Sector - Hazards Recognition and Reporting**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Retail & Service Sectors - Hazards Recognition and Reporting**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Workplace Inspections & Observations**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**



# TOOLBOX TALKS' TOPICS

## Accident Investigations

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## Personal Protective Equipment

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## Housekeeping

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## Lock-out / Tag-out - Control of Hazardous Energy

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## Electrical Safety & Electrical Hazards Prevention

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## Arc Flash Prevention

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

# TOOLBOX TALKS' TOPICS

## **Static Electricity Hazards and Controls**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Manual Material Handling and Back Care**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Ladder Safety**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Safe Driver Behavior**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Fire Extinguisher Use & Fire Prevention**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

## **Heat Stress Prevention**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$77 + HST / Per participant**

# TOOLBOX TALKS' TOPICS

## **Loss & Accident Prevention**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$77 + HST / Per participant**

## **Incident Reporting Strategies**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$77 + HST / Per participant**

## **Workstation Ergonomics**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$77 + HST / Per participant**

## **Accident Causality**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$77 + HST / Per participant**

## **Office Hazards Prevention**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$77 + HST / Per participant**

## **Machine & Equipment Hazards Prevention**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$77 + HST / Per participant**

## **Extreme Temperatures Hazards Prevention**

1.5 to 2 hours - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$77 + HST / Per participant**



## HALF DAY WORKSHOPS' TOPICS

### **Health and Safety Law, Due Diligence and Compliance in Ontario**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### **Housekeeping**

Half day - Instructor-led course - Minimum 4 participants session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### **Lock-out / Tag-out - Control of Hazardous Energy**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### **Workstation Ergonomics**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### **Vulnerable Workers - Basic Safety Awareness Training**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### **Workers - Basic Safety Awareness Training**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### **Supervisors - Basic Safety Awareness Training**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

# HALF DAY WORKSHOPS' TOPICS

## **Electrical Safety & Electrical Hazards Prevention**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

## **Arc Flash Prevention**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

## **Static Electricity Hazards and Controls**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

## **Fire Extinguisher Use & Fire Prevention**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

## **Incident Investigations**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

## **Loss & Accident Prevention**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

## **Incident Reporting Strategies**

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

## HALF DAY WORKSHOPS' TOPICS

### Accident Causality

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### Office Hazards Prevention

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### Machine & Equipment Hazards Prevention

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### Extreme Temperatures Hazards Prevention

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### Slip, Trips and Falls Hazards Prevention

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### Emergency Preparedness

Level: Basics - Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

### WHMIS 1988: Workplace Hazardous Materials Information System

Half day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$97 + HST / Per participant**

# FULL DAY WORKSHOPS' TOPICS

## **Health and Safety Law, Due Diligence and Compliance in Ontario**

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$277 + HST / Per participant**

## **Worker's Health and Safety Representative Training**

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$277 + HST / Per participant**

## **Basics of Supervision - Competent Supervisor Training**

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$277 + HST / Per participant**

## **Health and Safety and the Law for Workers**

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$277 + HST / Per participant**

## **Health and Safety and the Law for Supervisors**

1 full day - Instructor-led course - Minimum 4 participants

Delivered at client's location - Prerequisite: none - **\$277 + HST / Per participant**

## **Health and Safety and the Law for Managers**

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$277 + HST / Per participant**

## **Health and Safety and the Law for Non Certified JH&SC Members**

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$277 + HST / Per participant**

## FULL DAY WORKSHOPS' TOPICS

### **Lock-out / Tag-out - based on OHSA, ON Regs. and CSA Standard for Control of Hazardous Energy**

Level: Essentials - 1 full day - Instructor-led course - Minimum 4 participants per sessions

Delivered at client's location - Prerequisite: none

**\$197 + HST / Per participant**

### **Lock-out / Tag-out - based on OHSA, ON Regs. and CSA Standard for Control of Hazardous Energy**

Level: Intermediate - 1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: Essentials level

**\$197 + HST / Per participant**

### **Lock-out / Tag-out - based on OHSA, ON Regs. and CSA Standard for Control of Hazardous Energy**

Level: Advanced - 1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: Intermediate level

**\$197 + HST / Per participant**

### **Hazards Recognition and Reporting**

Level: Essentials - 1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none

**\$197 + HST / Per participant**

### **Hazards Recognition and Reporting**

Level: Intermediate - 1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: Essentials level

**\$197 + HST / Per participant**

### **Hazards Recognition and Reporting**

Level: Advanced - 1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: Intermediate level

**\$197 + HST / Per participant**

# FULL DAY WORKSHOPS' TOPICS

## Workplace Inspections & Observations

Level: Essentials - Intermediate or Advanced - 1 full day - Instructor-led course

Minimum 4 participants per session - Delivered at client's location

Prerequisite: none - **\$197 + HST / Per participant**

## Workplace Inspections & Observations

Level: Intermediate - 1 full day - Instructor-led course

Minimum 4 participants per session - Delivered at client's location

Prerequisite: Essentials level - **\$197 + HST / Per participant**

## Workplace Inspections & Observations

Level: Advanced - 1 full day - Instructor-led course

Minimum 4 participants per session - Delivered at client's location

Prerequisite: Intermediate level - **\$197 + HST / Per participant**

## Accident Investigations

Level: Essentials - 1 full day - Instructor-led course

Minimum 4 participants per session - Delivered at client's location

Prerequisite: none - **\$197 + HST / Per participant**

## Accident Investigations

Level: Intermediate - 1 full day - Instructor-led course

Minimum 4 participants per session - Delivered at client's location

Prerequisite: Essentials level - **\$197 + HST / Per participant**

## Accident Investigations

Level: Advanced - 1 full day - Instructor-led course

Minimum 4 participants per session - Delivered at client's location

Prerequisite: Intermediate level - **\$197 + HST / Per participant**



# FULL DAY WORKSHOPS' TOPICS

## Housekeeping

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$197 + HST / Per participant**

## Hazardous Energy Control Programs

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: Lock-out / Tag-out Essentials level

**\$197 + HST / Per participant**

## Health Hazards

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$197 + HST / Per participant**

## Safety Hazards

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$197 + HST / Per participant**

## Hazards Controls

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$197 + HST / Per participant**

## WHMIS 1988 & 2015 Combined

1 full day - Instructor-led course - Minimum 4 participants per session

Delivered at client's location - Prerequisite: none - **\$147 + HST / Per participant**

# OCCUPATIONAL HEALTH & SAFETY TRAINING COURSES

## INSTRUCTOR-LED - FACILITATED ON-SITE

### **Health and Safety and The Law: Due Diligence and Compliance in Ontario**

Get a better understanding about the Occupational Health and Safety Act (OHSA), the OHS Regulations, and the concept of The Internal Responsibility System.

The OHSA sets out duties for all workplace parties and rights for workers. It establishes procedures for dealing with workplace hazards and provides details for enforcement of the law where compliance has not been achieved voluntarily.

The OHSA applies to almost every worker, supervisor, employer and workplace in Ontario, including workplace owners, constructors and suppliers of equipment or materials to workplaces covered by the Act.

### **WHO SHOULD ATTEND**

Employers Representatives, Management Team members, Supervisors, Workers, Workplace Health and Safety Representatives & Non-certified JH&SC Members.

### **OBJECTIVE**

To provide participants with a better understanding about the Occupational Health and Safety Act (OHSA), the OHS Regulations, and the concept of The Internal Responsibility System.

### **ADDITIONAL INFORMATION**

Minimum 4 Participants per session  
Investment: \$277 + HST p/p

### **COURSE LEVEL**

- Essentials - 1 full day

### **LENGTH**

Full day: 7 hours of instruction + 2 breaks + lunch time



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